

Key changes to APA format under 7th edition

Below is a breakdown of notable referencing and punctuation/layout changes between 6th and 7th editions. Please see the *Publication manual of the American Psychological Association (7th ed.)* for more detail.

Change under 7 th edition	Example	Previous format (6 th ed.)	Example
Referencing			
Authors			
In text			
3 or more authors: List first author followed by “et al.” every citation	(Smith et al., 2019) <i>first and subsequent citations</i>	3-5 authors: List all authors in first citation. Thereafter list first author followed by “et al.”	(Smith, Khan, & Oliver, 2019) <i>first citation</i> (Smith et al., 2009) <i>subsequent citations</i>
		6 or more authors: List first author followed by “et al.” for every citation	(Smith et al., 2009) <i>every citation</i>
References List			
1-20 authors: List all authors	Rehak, Z., Splrakova-Pukova, A., Bortlicek, Z., Fojtik, Z., Kazda, T., Joukal, M., Koukalova, R., Vasina, J., Eremiasova, J., & Nemecek, P. (2017). PET/CT imaging in polymyalgia rheumatica: Praepubic 18F-FDG uptake correlates with pectineus and adductor longus muscles enthesitis and with tenosynovitis. <i>Radiology and Oncology</i> , 51(1), 8-14. https://doi.org/10.1515/raon-2017-0001	1-7 authors: List all authors	Smith, J. D., Khan, V., Zhang, H., Williams, T., Garcia, J., Sato, Y., & Archon, D. (2009). <i>Research ethics in New Zealand: A student guide</i> . Wellington, New Zealand: Rata Press.

<p>21 or more authors: list first 19, then skip (using an ellipsis "...") to last author</p>	<p>Kalnay, E., Kanamitsu, M., Kistler, R., Collins, W., Deaven, D., Gandin, L., Iredell, M., Saha, S., White, G., Woollen, J. Zhu, Y., Chelliah, M., Ebisuzaki, W., Higgins, W., Janowiak, J., Mo, K. C., Ropelewski, C., Wang, J., Leetmaa, A., ... Joseph, D. (1996). The NCEP/NCAR 40-year reanalysis project. <i>Bulletin of the American Meteorological Society</i>, 77(3). 437-431. http://doi.org/fg6rf9</p>	<p>8 or more authors: List first six, then skip (using an ellipsis "...") to last author).</p>	<p>Kalnay, E., Kanamitsu, M., Kistler, R., Collins, W., Deaven, D., Gandin, L., ... Joseph, D. (1996). The NCEP/NCAR 40-year reanalysis project. <i>Bulletin of the American Meteorological Society</i>, 77(3). 437-431. http://doi.org/fg6rf9</p>
<p>DOIs (Direct Object Identifiers) and URLs (web addresses)</p>			
<p>Present DOIs as hyperlinks, beginning with http:// or https://</p>	<p>Baker, L. (2003). The role of parents in motivating struggling readers. <i>Reading & Writing Quarterly</i>, 19(1), 87-106. https://doi.org/10.1080/10573560308207</p>	<p>DOI formats can vary: Either: doi:10.123.403.x OR http://dx.doi.org/10.123.403.x</p>	<p>Baker, L. (2003). The role of parents in motivating struggling readers. <i>Reading & Writing Quarterly</i>, 19(1), 87-106. doi:10.1080/10573560308207</p>
<p>Include a DOI for all works that have one, regardless of whether you used the online or print version</p>	<p>American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7th ed.). https://doi.org/10.1037/0000165-000 (even if a print book is used, include the DOI if available)</p>	<p>DOI not included if print version used</p>	<p>American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7th ed). Washington, DC: Author.</p>
<p>Hyperlinks may be active (e.g. blue or underlined) or inactive, i.e. plain text (preferably active if to be read online).</p>	<p>Baker, L. (2003). The role of parents in motivating struggling readers. <i>Reading & Writing Quarterly</i>, 19(1), 87-106. https://doi.org/10.1080/10573560308207 OR Baker, L. (2003). The role of parents in motivating struggling readers. <i>Reading & Writing Quarterly</i>, 19(1), 87-106. https://doi.org/10.1080/10573560308207</p>	<p>Hyperlinks formatted as plain text only (not live links)</p>	<p>Baker, L. (2003). The role of parents in motivating struggling readers. <i>Reading & Writing Quarterly</i>, 19(1), 87-106. https://doi.org/10.1080/10573560308207</p>

<p>If there is no DOI, and it is from an open source use the URL. “Retrieved from” is no longer included (unless a retrieval date is included for works likely to change).</p>	<p>Bologna, C. (2018, June 27). <i>What happens to your mind and body when you feel homesick?</i> HuffPost. https://www.huffpost.com/entry/what-happens-mind-body-homesick_n_5b201ebde4b09d7a3d77eee1</p>	<p>If there is no DOI, and it is from an open source use the URL and include the words “Retrieved from”</p>	<p>Bologna, C. (2018, June 27). <i>What happens to your mind and body when you feel homesick?</i> HuffPost. Retrieved from https://www.huffpost.com/entry/what-happens-mind-body-homesick_n_5b201ebde4b09d7a3d77eee1</p>
<p>If retrieved from a research database and there is no DOI, DO NOT include a URL (i.e. retrieval details are excluded)</p>	<p>Joyce, K. (2018). Growing greener cities. <i>Property Journal</i>, 18-19. (same applies to ebooks)</p>	<p>If retrieved from a research database and there is no DOI use the URL of the original journal/ebook homepage (not the database url or pdf url)</p>	<p>Joyce, K. (2018). Growing greener cities. <i>Property Journal</i>, 18-19. Retrieved from https://www.rics.org/oceania/news-insight/publications/property-journal/ (URL is to the homepage of Property Journal) NOT Joyce, K. (2018). Growing greener cities. <i>Property Journal</i>, 18-19. Retrieved from https://search-proquest-com.nmit.idm.oclc.org/docview/2230824867?accountid=40261 (URL is to the article on Proquest database)</p>
<p>Articles: Journal, Magazine, Newspaper</p>			
<p>Format</p>	<p>See “Retrieved online” and “Author” sections above</p>		
<p>Article numbers</p>			
<p>Journal articles with article numbers or e-locators: write the word Article and then the number instead of the page range</p>	<p>Aggrey, S. E., Milfort, M. C., Fuller, A. L., Yuan, J., & Rekaya, R. (2019). Effect of host genotype and Eimeria acervulina infection on the metabolome of meat-type chickens. <i>PLOS ONE</i>, 14(10), Article e0223417. https://doi.org/10.1371/journal.pone.0223417</p>	<p>Not referred to in APA 6th</p>	

Books			
Place of publication			
Place of publication is no longer required. Include publisher's name only	Kane, A., & Neubert, C. (2008). <i>Living green: The New Zealand handbook for an eco-friendly, toxin-free, sustainable life</i> . New Holland.	Must include both place of publication and publisher's name	Kane, A., & Neubert, C. (2008). <i>Living green: The New Zealand handbook for an eco-friendly, toxin-free, sustainable life</i> . Auckland, New Zealand: New Holland. (City and country included) Free, C. R., Roman, J. D., & Free, S. (2011). <i>Writing winning business proposals</i> (3 rd ed.). New York, NY: McGraw-Hill (if a U.S. publication, city and abbreviated state included)
Publisher			
List all publishers in the order they are shown, separated by a semi-colon.	Weiss, P., & Taruskin, R. (1984). <i>Music in the Western World: A history in documents</i> . Schirmer Books; Collier Macmillan.	If more than one publisher, list only the first.	Weiss, P., & Taruskin, R. (1984). <i>Music in the Western World: A history in documents</i> . Schirmer Books.
Publisher same as author – omit publisher	American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7th ed.). https://doi.org/10.1037/0000165-000 (applies to all source types where author and publisher are the same).	Publisher same as author – use the word "Author" in place of publisher	American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7th ed.). Washington, DC: Author.
eBooks			
Refer above re DOI or URL		Refer above re DOI or URL	
Include publisher/s	Schmid, H.-J. (Ed.). (2017). <i>Entrenchment and the psychology of language learning: How we reorganize and adapt linguistic knowledge</i> . American Psychological Association; De Gruyter Mouton. https://doi.org/10.1037/15969-000	Include DOI or URL only (omit publisher details)	Schmid, H.-J. (Ed.). (2017). <i>Entrenchment and the psychology of language learning: How we reorganize and adapt linguistic knowledge</i> . https://doi.org/10.1037/15969-000
Type of format, platform or device is not included	Shotton, M. A. (1989). <i>Computer addiction Pb: A study of computer dependency</i> . CRC Press. https://doi.org/10.1201/b12555	Type of format, platform or device is included	Shotton, M. A. (1989). <i>Computer addiction Pb: A study of computer dependency</i> [DX Reader version]. https://doi.org/10.1201/b12555

Webpages			
Date			
Provide the most specific date possible	<p>This may be: year; year and month; year, month and day.</p> <p>World Health Organization. (2018, January 23). <i>People at high risk of developing flu-related complications</i>. https://www.cdc.gov/flu/highrisk/index.htm</p>	Provide the year only	World Health Organization. (2018). <i>People at high risk of developing flu-related complications</i> . Retrieved from https://www.cdc.gov/flu/highrisk/index.htm
No date or date unclear	<p>Use n.d. if there is no date on the webpage, <i>or</i>, if it is unclear whether a date refers to that particular page (a date may refer to the website overall but not necessarily the particular page):</p> <p>National Nurses United. (n.d.) <i>What employers should do to protect nurses from Zika</i>. https://www.nationalnursesunited.org/what-employers-should-do-to-protect-rns-from-zika</p> <p>(this page contains a copyright date 2010-2019, but this refers to the overall website, National Nurses United, not the page itself.)</p>	No date	<p>Use n.d. if there is no date available:</p> <p>National Nurses United. (2019). <i>What employers should do to protect nurses from Zika</i>. https://www.nationalnursesunited.org/what-employers-should-do-to-protect-rns-from-zika</p> <p>(this page contains a copyright date 2010-2019, referring to the website.)</p> <p>Ministry of Business, Innovation & Employment. (n.d.). <i>Funding information and opportunities</i>. Retrieved from https://www.mbie.govt.nz/science-and-technology/science-and-innovation/funding-information-and-opportunities/</p> <p>(this page contains no date anywhere.)</p>
Include name of website (unless same as group author)	<p>Sood, A. (2016, December 2). <i>How compassion can boost your happiness</i>. Mayo Clinic. https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/compassion-can-boost-happiness/art-20270120</p> <p>(name of website included: "Mayo Clinic")</p> <p>National Nurses United. (n.d.) <i>What employers should do to protect nurses from Zika</i>. https://www.nationalnursesunited.org/what-employers-should-do-to-protect-rns-from-zika</p> <p>(name of website not needed, as same as group author, "National Nurses United")</p>	Include name of webpage only (website name not necessary)	Sood, A. (2016). <i>How compassion can boost your happiness</i> . Retrieved from https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/compassion-can-boost-happiness/art-20270120

Secondary sources			
In text: include the date of the original work, if known, as well as the date of the secondary work	... was the case (Jones, 2000, as cited in Schultz & Barker, 2016).	In text: Omit the date of the original work. Include the date of the secondary source only.	... was the case (Jones, as cited in Schultz & Barker, 2016).
Conference sessions and presentations			
Include full date . Use “[Paper presentation]” (or [conference presentation], [Poster presentation], [Symposium] as applicable). Location format = city, state abbreviation (if applicable) and country	Chang-Richards, Y., Wilkinson, S., Seville, E., & Brunsdon, D. (2015, July 15-17). <i>A systems approach to managing human resources in disaster recovery projects</i> [Paper presentation]. 5th Annual International Conference on Building Resilience, Newcastle, NSW, Australia. Fistek, A., Jester, E., & Sonnenberg, K. (2017, July 12-15). <i>Everybody’s got a little music in them: Using music therapy to connect, engage and motivate</i> [conference session]. Autism Society National Conference, Milwaukee, WI, United States. https://asa.confex.com/asa/2017/webprogramarchives/Session9517.html	Include year and month. Use “Paper presented at...” (or other format as approp.) Location format = US publishers: city and state abbreviation All others: city, state in full (if applicable) and country	Chang-Richards, Y., Wilkinson, S., Seville, E., & Brunsdon, D. (2015, July). <i>A systems approach to managing human resources in disaster recovery projects</i> . Paper presented at the meeting of the 5th Annual International Conference on Building Resilience, Newcastle, New South Wales, Australia. Fistek, A., Jester, E., & Sonnenberg, K. (2017, July). <i>Everybody’s got a little music in them: Using music therapy to connect, engage and motivate</i> . Session presented at the Autism Society National Conference, Milwaukee, WI. https://asa.confex.com/asa/2017/webprogramarchives/Session9517.html
Punctuation and layout			
Font			
Variety of fonts now permitted. Must be accessible to all users.	Recommended are: Times New Roman 12, Calibri 11, Arial 11, Lucida Sans Unicode 10, Georgia 11, Computer Modern 10	Font limited to Times New Roman, 12	Times New Roman 12
Indent – References List			
hanging indent – 0.5 in (1.27cm) i.e. the automatic default in Microsoft Word)	Durie, M. (2003). <i>Ngā kāhui pou: Launching Māori futures</i> : Huia Publishers.	Hanging indent – 5 spaces (different to auto default in Microsoft Word)	Durie, M. (2003). <i>Ngā kāhui pou: Launching Māori futures</i> . Wellington, New Zealand: Huia Publishers.

Spacing	
Use only one space after a full-stop at the end of a sentence.	Use two spaces at the end of a sentence.
Linguistic examples	
Use double quotation marks to refer to a linguistic examples instead of italics, e.g.	
<ul style="list-style-type: none"> ✓ APA endorses the use of the singular pronoun “they” ✗ APA endorses the use of the singular pronoun <i>they</i> 	
Other things to know about the new manual	
There are guidelines on bias-free language including using the singular “they”, instead of “he, she,” “when referring to individuals whose identified pronouns are not known or when the gender of a generic or hypothetical person is irrelevant within the context” (American Psychological Association, 2020, p. 140). See Chapter 5 of the manual for more on bias-free language.	
Dozens of examples are included for online source types such as podcast episodes, social media posts, and YouTube videos. The use of emojis and hashtags is also explained.	

References

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.).
<https://doi.org/10.1037/0000165-000>